



“The Challenge” Conference, The Dunblane Hilton Hotel

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TREATMENT IN THE WEST MIDLANDS

Wheeler St Crack Team - History 1997 - 2003

- Ω **C.O.R.T Report 1995, Highlighted the need**
- Ω **Ring fenced funding B'ham Health Authority**
- Ω **Appointment of Team Manager**
- Ω **Recognisance Visit, USA & West Indies**
- Ω **C.O.R.T plan would not work**
- Ω **Moved into premises @ 7 - 9 Wheeler St**

Stigmas, Stereotypes & Myths

- Ω **“Crack Cocaine Increases crime among black’s, especially rape” Allen & Jekel 1990:4)**
- Ω **In the USA 1998, Jennifer Johnson received one year house arrest & 14 years Probation supervision, Siegel (1997:249)**
- Ω **‘Yardi’ gangs, spiralled fears that crack would appeal to the UK, Shapiro (1994 :13)**

Moral Panic

- ⌚ **In the absence of a known cure ? A frightening aspect looms!!**
- ⌚ **The Sunday Times published “On the streets of Britain, Crack for Sale” along with photographs of blacks being searched and handcuffed, April 1st (1990).**
- ⌚ **In 1989, Robert Stutman warned the Chief of the ‘Met’ that Britain should brace itself for the arrival of CRACK. Shapiro (1994)**

Moral Panic Cont.

- ⌚ **A month later Douglas Hurd 'home secretary' used Stutman's text to 19 - nation group of ministers. The press reported it ..**
- ⌚ **The Barons of Death and the Innocent school girl Ditton & Hammersley (1996)**
- ⌚ **The most alarming hysteria from USA - UK Crack Babies - 375,000 born to crack addicted mothers, Walker (1994)**



Treatment Approaches

- ∞ **Complementary Treatments Acupuncture etc.**
- ∞ **Cognitive Behavioural Therapies**
- ∞ **Solution Focused Therapies/NLP**
- ∞ **Groupwork - Relapse prevention, Harm reduction & Personal development Training**
- ∞ **Alternative means of using free time**
- ∞ **Designated Key-workers.**

Treatment Approaches - Seek First to Understand ?

- Ω - REFERRAL & ASSESSMENT
- Ω - DUAL DIAGNOSIS
- Ω - PRESCRIBING CLINIC
- Ω - ACUPUNCTURE (ON GOING DROP IN)
- Ω - RELAPSE PREVENTION GROUP 1 & 2
- Ω - CRACK EDUCATION & AWARENESS
- Ω - RELAXATION & THERAPUTIC VISUALISATION
- Ω - MOTIVATION, LIFE SKILLS & COMMITMENT TO CHANGE

Access & Risk Management

- ⌚ **Working together with Crack will required a shift in Paradigm. What are we treating ? How will we treat it ? Do we desire change?**
- ⌚ **Knowledge of how to engage, hard to reach groups.**
- ⌚ **How Crack affects the function of brain**
- ⌚ **The pain, pent up hate, thoughts and violence. Trust, & to receive positive regard from practitioners.**

Access & Risk Management

- Ω **Society has a way of compartmentalising those who deviate. The upshot becomesgroups, gangs. A combination of exclusion, fear, shame & Polarisation of communities are amongst the key barriers to engagement.**
- Ω **Location of services is key, inclusion is vital, Inciardi (1992), here's how.....**



Interventions

- Ω **Seek first to understand then to be understood, then assess.**
- Ω **Challenging our Values, Attitudes beliefs & Perceptions.**
- Ω **Contracts, boundaries, changing habits.**
- Ω **Positive aspects to criminal justice collaboration.**

Working with Uncertainty

- Ω **In search of services that include & foster a commitment to collaboration at the development stage, seek advice and share yours get an agreed working agreement.**
- Ω **Plan SLA with commissioners and with diversity as a key outcome through a wide range service pick n mixes. This in itself helps you to think differently.**